

## SUPERVISED STUDY, MUSIC, SPORT PRACTICES AND CLUBS SENIOR SCHOOL

SPRING 2023

Downsend is part of the Cognita Schools Group

# **Early Birds and Supervised Study**

To assist with our staffing and safeguarding, we ask you to book your child in for the whole term.

Charges will be added to your account on Cognita Connect at the start of the Spring Term.



Early Birds and Supervised Study will commence from Thursday 5 January.

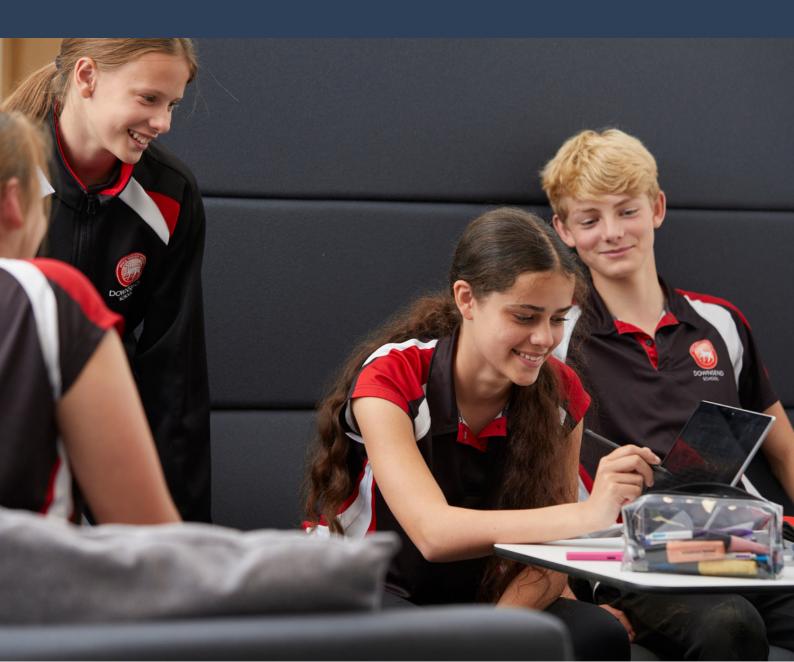
Early Birds and Breakfast 7:30am - 8am £6.50 per day	Held in the Dining Hall, where Chef Doug and his team will be offering healthy breakfast items from 40p (cash only please).
Supervised Study Until 5:45pm £12 per day	Supervised Study is an opportunity for pupils to tackle their homework whilst in the presence of teaching staff.
	Sandwiches and a fruit platter are available and included in the price.
	Please note if collection is after 5:45pm there is a £20 late charge each time.
	There is no Supervised Study on the last day of term due to the school closing earlier.
Emergency Ad-hoc	We do understand that there are occasions when booking in advance is not possible.
	In the event that you need to book your child for Supervised Study please email Fern.Matthews@downsend.co.uk by 1pm or call the school office.
	These sessions will be billed via Cognita Connect as they are incurred.

# Clubs

We pride ourselves on the breadth of opportunity we provide for our young people to gain new skills. Through our Clubs programme, we seek to inspire every pupil, encouraging them to pursue and develop their individual interests and abilities, providing them with valuable learning experiences alongside their studies to become independent, mature individuals.

At Downsend we offer over 70 different clubs across the school, to ensure that every child from Nursery to GCSE has a chance to try something to expand their skill set, specifically those that will help them in the future.

- In the Spring term, our clubs will run from Thursday 5 January until Tuesday 28th March 2023.
- Charges will be added to your account on Cognita Connect at the start of the Autumn Term, unless the club is externally run, in which case you will be sent further details.





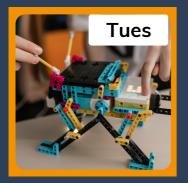
### Drama Club 1:45 - 2:15pm (No Fee, Max 16) Mr Bryant - Linford Theatre

Drama club is an opportunity for students to further their interest in Drama and Performing Arts. Students will partake in various creative activities including Improvisation, devising and fun games. This club will work to develop creative thinking skills, confidence, and stage presence.



### Public Speaking 1:45 - 2:15pm (No Fee, Max 20) Mr Vinsen-Tell - T8

This club helps students develop the skills necessary for them to grow and become effective public speakers. Students will write and practice giving speeches, while the other members evaluate and provide feedback. Students will participate in the Rotary Club 'Youth Speaks' competition.



### Lego Engineering 4:30 - 5:30pm (No Fee, Max 12) Mrs Gore – S4

LEGO club aims to provide a space in which to design, test and build using LEGO bricks. Making use of structural design challenges, we will use LEGO bricks to develop children's knowledge and skills in areas such as science, technology and engineering.



### Warhammer Club 4:30-5:30pm (No Fee, Max 16) Mr Olsen - Lab 1

This term we will be doing a combination of painting miniatures and learning the rules to some tabletop RPGs including Warhammer and Dungeons and Dragons. There will also be an opportunity to play through some short campaigns and scenarios that I have written and put together.



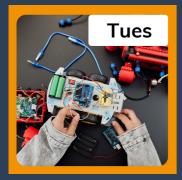
### Textiles Club 4:30 - 5:30pm (No Fee, Max 10) Mrs Hambleton - DT Room

During Textiles Club we will explore a variety of techniques from: silk screen printing/tie dying/weaving and knitting. Creating an abstract Textiles response.



### Community Action 4:30 - 5:30pm (No Fee, Max 16) Mrs Chandler - L1

Plan and create fundraising and volunteering opportunities to raise money and make a difference to both our own community and further afield.



### Robotics Club 4:30 - 5:30pm (£55, Max 12) Mrs Haq - ICT Suite

Kitronik projects are for students who are interested in computers and building projects using breadboards. For example, building the circit using Microbit. Many projects use ready to build kits for completion. We have a number of different project kits for students to use.



### Podcasting Club 4:30 - 5:30pm (No Fee, Max 16) Mr Skitt – Music 1

Creating our own Podcasts about issues that interest us. Learn how to Record, Edit and publish your very own podacst. Come and learn to communicate in a collaborative way!



### Online Chess Club 4:30 - 5:30pm (No Fee, Max 10) Mrs Grimer - T10

Have the opportunity to play chess online with chess mentors, video lessons and online tournaments. Suitable for all skill Levels.



### Science Drop in 4:30 - 5:30pm (No Fee, Max 16) Mr Gibbons - Lab 3

Ongoing sessions for students who want to improve in Science. Students can attend for the whole hour or just drop in for small bits of support on topics they need help with.



### iDEA award 4:30 - 5:30pm (No Fee, Max 16) Mr Silva - ICT Suite

This award allows pupils to build their digital skills for the future. The iDEA award helps to develop problem-solving and analytical skills, allowing each student to work on their own pathway as chosen by them, in modules that they find engaging and exciting. This is seen as the digital equivalent to the Duke of Edinburgh Award and is geared towards developing future skills.



### Neuroscience of Well-Being. 4:30 - 5:30pm (No Fee, Max 16) Mr Solan – S2

We will look at the effects of how life's events can impact our wellbeing and happiness, then each week look at how a different tool/exercise/technique can help reduce this impact. We will examine the scientific evidence of the exercise as well as how it affects us individually. Aside from seeing first-hand the scientific success of such exercises, students will be equipped with several techniques that work best for them and that they can utilise in their daily lives.



### Catalan Club 4.30 – 5.30pm (No Fee, Max 16) Mr Younas - L3

Discover the language of Barcelona! If you are enjoying French and Spanish, try your hand at Catalan! This is the language of north-east Spain. Put your language skills to the test and learn Catalan with Mr Younas.



### Target Shooting Club 7:30 – 8.20am (£154, Max 12) Jeanette Leavers 'external provider'- Sports Hall

The Classes are suitable for children of all abilities. Class sizes are capped, and the students are allocated one rifle for the whole session. The class is a mixture of competition and fun!

For more information, please visit www.targetshootingschool.co.uk



### Badminton Club 4.30 – 5.30pm (No Fee, Max 15) Mrs Taylor - Sports Hall

Open to years 7-11 playing social badminton in a fun environment. Come and have fun whilst sharpening your skills!



### Eco and Gardening Club 4.30 – 5.30pm (No Fee, Max 16) Mrs Hallam - T2/Well-being garden

Looking after the school environment, planting and maintaining the well-being garden and creating an exciting new structure using ecobricks.



### Anyone can Knit 4:30 - 5:30pm (No Fee, Max 16) Mrs Sagar – Lab 5

This club will enable pupils to get together with other Knitters to learn or develop the skills of hand knitting. We will be working on basic stitches needed to create our own items.



### Pottery Club 4:30 - 5:30pm (No Fee, Max 16) Mrs Aylen- Art Room

Explore a range of hand-building techniques, learn how to throw on the pottery wheel and experiment with adding decoration and glazes to your creations.



### Pebble Painting 4.30 – 5.30pm (£10, Max 12) Mrs Mercer - T10

Enjoy designing and painting pebbles with special acrylic pens. Each week there will be a focus on different designs in order to develop individual styles and interests, resulting in beautiful and colourful pebbles that can be used to adorn your home.



### Table Tennis Club 4:30-5:30pm (No Fee, Max 25) Mr Dunning & Mr Silva - Sports Hall

Bring your own table tennis bat to the Sports Hall to enjoy a few games of table tennis with your friends. Have a go at singles, doubles, King of the Court or Round the World to test your abilities and improve week by week.



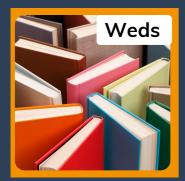
### Reading Club 4:30 - 5:30pm (No Fee, Max 16) Mrs Elmas – Library

Students will get the chance to catch up on Accelerated Reader time. If they fancy a quiet, uninterrupted hour in the library, then this club is the place to be.



### Experimental Chemistry - 4:30-5:30 (No Fee, Max 16) Mr Gibbons - Lab 3

Become an expert in Chemistry by using apparatus, making and mixing chemicals and understanding reactions. Warning, there may be some explosions.



### Book Club 4:30 - 5:30pm (No Fee, Max 16) Mrs Watt- T6

Shared reading of a text followed by discussion questions/related activities.



### Norweigan club 4:30-5:30pm (No Fee, Max 16) Mrs Heffermehl - T2

Exploring Norweigan culture and Language through games, research and activities.



### Italian Club 4.30 – 5.30pm (No Fee, Max 16) Mr Sibley - L4

Ever wanted to learn Italian? Perhaps you already know some words? Come along and learn the Italian language by playing games, watching video clips, and learning about Italian culture and history. Week by week we will learn new topics and build up confidence in speaking another language.



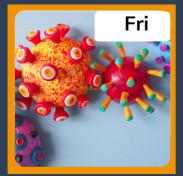
### Line Learning club 1:45 – 2:15pm (No Fee, Max 16) Mr Bryant – Drama Classroom

Open to anyone currently learning lines for KS3 or KS4 plays. No need to sign up in advance, just come along if you want help with your lines.



### Philosophy Club 1:45 – 2:15pm (No Fee, Max 16) Mrs Haylett - T8

The art of philosophy is trying to work out your own best answers to questions that people will always be wondering about – questions like: • How do I know what is true? • What can I expect from a friend? • Can computers really think? • How do I make up my mind what is right and wrong? At the philosophy club you'll be able to read stories and scripts to make you think and then talk about your own questions with others.



### Bio Art Attack 1:45 - 2:15pm (No Fee, Max 16) Mrs Sehgal – Lab 1

Making and drawing 3D and 2D models of biological concepts, from viruses to DNA, digestive system to whole organisms. Bring your creativity and biological knowledge together and create something amazing.

## Calling all singers and dancers in Years 7 & 8.....

The Year 7 & 8 musical for February 2023 will be

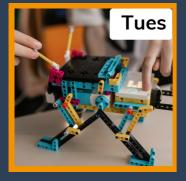
# The Lion King

If you have been cast in the Lion King, please note that rehearsals will take place on Thursday after school. Attendance at rehearsals is compulsory if your character is called. Please be aware that the musical rehearsal clashes with Years 7 & 8 Sports Practice. The school are aware of this and both departments will work together when necessary.



### Public Speaking 1:45 - 2:15pm (No Fee, Max 20) Mr Vinsen-Tell - T8

This club helps students develop the skills necessary for them to grow and become effective public speakers. Students will write and practice giving speeches, while the other members evaluate and provide feedback. Students will participate in the Rotary Club 'Youth Speaks' competition.



### Lego Engineering 4:30 - 5:30 (No Fee, Max 16) Mrs Gore - S4

LEGO club aims to provide a space in which to design, test and build using LEGO bricks. Making use of structural design challenges, we will use LEGO bricks to develop children's knowledge and skills in areas such as science, technology and engineering.



### Warhammer Club 4:30 - 5:30pm (No Fee, Max 20) Mr Olsen - Art Room

This term we will be doing a combination of painting miniatures and learning the rules to some tabletop RPGs including Warhammer and Dungeons and Dragons. There will also be an opportunity to play through some short campaigns and scenarios that I have written and put together.



### Robotics Club 4:30 - 5:30pm (£55, Max 12) Mrs Haq – ICT Suite

Kitronik projects are for students who are interested in computers and building projects using breadboards. For example, building the circit using Microbit. Many projects use ready to build kits for completion. We have a number of different project kits for students to use.



### Podcasting Club 4:30 - 5:30pm (No Fee, Max 16) Mr Skitt – Music 1

Creating our own Podcasts about issues that interest us. Learn how to Record, Edit and publish your very own podacst. Come and learn to communicate in a collaborative way!



### Science Drop in Sessions 4:30 - 5:30pm (No Fee, Max 16) Mr Gibbons - Lab 3 (YEAR 9 ONLY)

Ongoing session for students who want to improve in science. Students can attend for the whole hour or just drop in for small bits of support on topics they need help with.



### Community Action 4:30 - 5:30pm (No Fee, Max 16) Mrs Chandler - L1

Plan and create fundraising and volunteering opportunities to raise money and make a difference to both our own community and further afield.



### iDEA Award 4:30 - 5:30pm (No Fee, Max 16) Mr Silva- ICT Suite

This award allows pupils to build their digital skills for the future. The iDEA award helps to develop problem-solving and analytical skills, allowing each student to work on their own pathway as chosen by them, in modules that they find engaging and exciting. This is seen as the digital equivalent to the Duke of Edinburgh Award and is geared towards developing future skills.



### Neuroscience of Well-Being 4:30 - 5:30pm (No Fee, Max 16) Mr Solan -S2

We will look at the effects of how life's events can impact our wellbeing and happiness, then each week look at how a different tool/exercise/technique can help reduce this impact. We will examine the scientific evidence of the exercise as well as how it affects us individually. Aside from seeing first-hand the scientific success of such exercises, students will be equipped with several techniques that work best for them and that they can utilise in their daily lives.



### Catalan Club 4:30 - 5:30pm (No Fee, Max 16) Mr Younas – L3

Discover the Language of Barcelona! If you are enjoying French & Spanish, try your hand at Catalan! This is the language of north-east Spain. Put your language skills to the test and learn Catalan with Mr Younas.



### Target Shooting Club 7:30 – 8.20am (£154, Max 12) Jeanette Leavers 'external provider'- Sports Hall

The Classes are suitable for children of all abilities. Class sizes are capped, and the students are allocated one rifle for the whole session. The class is a mixture of competition and fun!

For more information, please visit www.targetshootingschool.co.uk



Pebble Painting 4.30 – 5.30pm (£10, Max 16) Mrs Mercer - Classroom TBC (YEAR 9 ONLY)

Enjoy designing and painting pebbles with special acrylic pens. Each week there will be a focus on different designs in order to develop individual styles and interests, resulting in beautiful and colourful pebbles that can be used to adorn your home!



### Pottery Club 4.30 – 5.30pm (No Fee, Max 16) Mrs Aylen - Art Room

Explore a range of hand-building techniques, learn how to throw on the Pottery Wheel and experiment with adding Decoration and glazes to your creations.



### Eco and Gardening Club 4.30 – 5.30pm (No Fee, Max 16) Mrs Hallam - T2/Well-being garden (YEAR 9 ONLY)

A chance to get outside digging and planting the well-being garden and discussing and implementing new eco initiatives that we can use in school. Further, using our DT skills, we will be creating a structure using the eco bricks which we collected earlier this year.



### Badminton 4:30 - 5:30pm (No Fee, Max 15) Mrs Taylor – Sports Hall

Open to years 7-11 playing social badminton in a fun environment. Come and have fun whilst sharpening your skills!



Anyone can Knit 4:30 - 5:30pm (No Fee, Max 16) Mrs Sagar – Lab 5 (YEAR 9 ONLY)

This club will enable pupils to get together with other Knitters to learn or develop the skills of hand knitting. We will be working on basic stitches needed to create our own items.



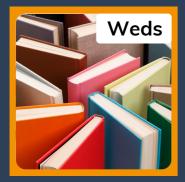
### D of E Award - Bronze 4:30 - 5:30pm (No Fee, Max 16) Miss Suarez and Mrs Briggs – T3 (YEAR 9 ONLY)

Volunteering – Community litter pick in the local area to allow students who are struggling to find a volunteering section out of school.



### Experimental Chemistry - 4:30-5:30 (No Fee, Max 16) Mr Gibbons - Lab 3

Become an expert in Chemistry by using apparatus, making and mixing chemicals and understanding reactions. Warning, there may be some explosions.



Book Club 4:30 - 5:30pm (No Fee, Max 16) Alex Watt – T6

Shared reading of a text followed by discussion, Questions and related activities.



Norwegian Club 4:30 – 5:30pm (No Fee, Max 16) Miss Heffermehl – T2

Exploring Norweigan culture and Language through games, research and activities.



### Reading Club 4:30 - 5:30pm (No Fee, Max 16) Mrs Elmas – Library

Students will get the chance to catch up on Accelerated Reader time. If they fancy a quiet, uninterrupted hour in the library, then this club is the place to be.



### Table Tennis 4.30 – 5.30pm (No Fee, Max 25) Mr Dunning and Mr Silva - Sports Hall

Bring your own table tennis bat to the Sports Hall to enjoy a few games of table tennis with your friends. Have a go at singles, doubles, King of the Court or Round the World to test your abilities and improve week by week.



### Line Learning Club 1:45 – 2:15pm (No Fee, Max 16) Mr Bryant – Theatre

Open to anyone currently learning lines for KS3 or KS4 plays. No need to sign up in advance, just come along if you want help with your lines.



### Philosophy Club 1:45 – 2:15pm (No Fee, Max 16) Mrs Haylett - T8

The art of philosophy is trying to work out your own best answers to questions that people will always be wondering about – questions like: • How do I know what is true? • What can I expect from a friend? • Can computers really think? • How do I make up my mind what is right and wrong? At the philosophy club you'll be able to read stories and scripts to make you think and then talk about your own questions with others.



### Bio Art Attack 1:45 - 2:15pm (No Fee, Max 16) Mrs Sehgal – Lab 1

Making and drawing 3D and 2D models of biological concepts, from viruses to DNA, digestive system to whole organisms. Bring your creativity and biological knowledge together and create something amazing.

### Calling all drama enthusiasts...

### The Years 9 -11 Play will be

# Mort

If you have been cast in Mort, please note that rehearsals will take place on Monday after school. Attendance at rehearsals is compulsory if your character is called. Please be aware that the musical rehearsal clashes with Years 9-11 Sports Practice. The school are aware of this and both departments will work together when necessary.



Monday 8.00am – Wind Ensemble

1.40pm – Senior Boys Choir

1.40pm – Senior Girls Choir

Tuesday 8.00am – Rock Band

1:40pm – Percussion (Week A)

1.40pm – Jazz Ensemble - by invitation (Week B)

Wednesday 8.00am – String Group (All string players)

8.00am – Chamber Choir (By audition, these will be announced at start of term)

Thursday 8.00am – Brass Group (All brass players)

Friday 8.00am – Rock Band

1:40pm – Orchestra (Instrumentalists)



## **Sports Practices and Match Days**

Monday	Years 9 - 11 Sports Practice (Football): 4:30 - 5:30pm
	Years 7 & 8 Swim Squad (Girls): 4:30 - 5:30pm
Tuesday	Years 9 - 11 Swim Squad (Boys & Girls): 7:30 - 8:30am
	Years 9 - 11 Match Day: PM Exact timings available via School Sports
Wednesday	Years 9 - 11 Rugby Club: 4:30 - 5:30pm
	Years 7 & 8 Match Day: PM Exact timings available via School Sports
Thursday	Years 9 - 11 Sports Practice (Netball): 7:30-8:30am
	Years 7 & 8 Sports Practice (Rugby & Netball) 4:30-5:30pm
Friday	Years 7 & 8 Swim Squad (Boys): 4:30 - 5:30pm

